
Registration for this course is limited

Please ensure your place by returning your registration form and fee before December 14:

Attention:
Liza Barcelona
690 Dorval Drive, 6th floor
Oakville, Ontario, L6K 3X9
Fax: (905) 845-0588

Liza.Barcelona@halton.ca

Level 1
Making a Difference:

January
Wed 20, Thurs 21
& Fri 22, 2010

This course location:

Halton Regional Administrative
Building

Glenorchy/Dakota Rooms

1151 Bronte Road
Oakville, Ontario
L6M 4G3

Just north of the QEW on Bronte
Road

Parking is Free



Halton Baby Friendly Initiative
Healthier Children Healthier Families Healthier Halton

Level 1

Breastfeeding Course

“Making a Difference”



Presented by:
The Halton Baby Friendly
Initiative &
Quintessence Foundation

Session Dates:

January
Wed 20, Thurs 21
& Fri 22, 2010

Facilitator:

Kathy Venter, RN, IBCLC

Objectives

This three day workshop for health professionals explores evidenced-based, best practice that protects, promotes and supports breastfeeding. Practitioners will understand and be able to effectively and confidently implement care that facilitates the initiation and maintenance of breastfeeding. This course meets the BFI recommendation for education for staff providing direct care to breastfeeding families

Duration:

3 days: January Wed 20, Thurs 21 &
Fri 22, 2010
8:30 – 4:00 pm

IBLCE “L” AND “E” Cerps
Have been awarded

Participants:

Health and support workers in all fields related to maternal and child health who require a basic education in human lactation and breastfeeding

Registration Fee: \$250.00 (lunch included)

Contact:

Liza Barcelona at (905) 825-6000 x 2942

Cheques made payable to:

Halton Baby Friendly Initiative

Topics include:

- Breastfeeding in the context of primary, preventive, cost-effective health care
- World health Organization and UNCEF guidelines for protecting, promoting and supporting breastfeeding (including the BFI and The Code)
- Anatomy and physiology of the breast – implications for successful breastfeeding
- Initiating breastfeeding and patterns of early breastfeeding
- Achieving effective latching and positioning
- Early challenges (engorgement, plugged ducts, sore nipples, mastitis, yeast infections)
- True versus perceived low milk supply
- Breastfeeding babies with health challenges and special needs
- Illness in mothers and medications
- Human milk banking
- Introduction of complementary foods
- History taking, counselling and care paths
- The process of change and implementing the BFI

Registration Form**Breastfeeding Level 1
18 Hour WHO Course**

**January
Wed 20, Thurs 21
& Fri 22 2010**

Name:**Address:****Telephone #:****Email:****Registration fee attached:**

YES NO