
Registration for this course is limited

Please ensure your place by returning your registration form and fee before February 1st to:

Attention:
Liza Barcelona
690 Dorval Drive, 6th floor
Oakville, Ontario, L6K 3X9
Fax: (905) 845-0588

Liza.Barcelona@halton.ca

Refresher Course:

February 11 or 12, 2010

This course location:

Halton Regional Administrative Building

Glenorchy/Dakota Rooms

1151 Bronte Road
Oakville, Ontario
L6M 4G3

Just north of the QEW on Bronte Road

Parking is Free



Halton Baby Friendly Initiative
Healthier Children Healthier Families Healthier Halton

**Breastfeeding
Current
Research and
Updates**



Presented by:
**The Halton Baby
Friendly Initiative**

Session Dates:

**February
11 or 12, 2010**

Facilitator:

Kathy Venter, RN, IBCLC

Objectives

This one day refresher course for health professionals explores evidenced-based, best practice that protects, promotes and supports breastfeeding. Practitioners will understand and be able to effectively and confidently implement care that facilitates the initiation and maintenance of breastfeeding

Participants:

The level One 18 hour WHO course is ideally the prerequisite for this one day session. Information presented will be a review and enhancement of knowledge based on current research

Registration Fee: \$60.00

****Group rates available****

Contact:

Liza Barcelona at (905)825-6000 x 2942

Cheques made payable to:

Halton Baby Friendly Initiative

Topics include:

- Lactogenesis and pathways to plenty. Normal production rhythms 0-6 months
- A look at latching. The rhythms of breastfeeding. Hand expression
- Health challenges for moms and babies
- The impact of labour and delivery
- Choosing the key (practical) messages that will help mothers to breastfeed successfully
- Early and later breastfeeding challenges and options for dealing with them
- Review commonly used gadgets and their impact on breastfeeding
- Pumps and nipple shields, alternate feeding methods
- New strategies for complementary feeding
- Cultural perspectives on weaning
- A brief look at marketing strategies and their impact on families through the health care system
- A discussion on spotting code violations

Registration Form**Breastfeeding Current Research and Updates**

February 11 or 12, 2009

08:30-4:00

Name:

Address:

Telephone #:

Email:

Registration fee attached:

YES NO